

Annual REPORT



2
0
2
5

Message from the President

Dear friends, partners, and members of the Parentis community,



If I were to choose one word for 2025, it would be realignment.

It was a year in which we returned more clearly to the core of our mission: mothers' mental health and the way it supports the well-being of children, families and, over time, the community as a whole. We looked more carefully at what we can do well, sustainably and meaningfully. We chose to consolidate and grow on solid foundations. To strengthen the team, to clarify our internal processes and to stay close to what truly matters.

For us, this realignment did not mean a change in direction, but a more conscious return to our roots. To the belief that a supported mother is not only a person receiving help, but a point of balance for a child, a family and an entire community. When a mother has a space where she can breathe, ask questions, understand what is happening to her and receive support, more than one difficult day changes. What changes is the way she can move forward.

It was not an easy year. Our relationship with public authorities and the stabilisation of certain processes required patience, clarity and perseverance. There were moments when we needed to explain, return to conversations and adjust, but we also encountered openness, committed professionals and a genuine willingness to collaborate. We learned that sustainable change is built slowly, through dialogue, trust and people who stay at the table even when things do not settle quickly.

What gave us great hope was mothers' openness to learn, to ask questions, to receive support and to use, with dignity, the resources that reached them. We met women carrying a great deal, sometimes in silence, yet coming with the willingness to understand, to care for themselves better and to make better choices for their children. This openness confirmed to us, once again, that the right support, offered with respect and without judgement, can generate real and lasting change.

We were also deeply impressed by the community-based specialists who, through their competence and commitment, hold together important threads of support. We encountered places where the presence of an attentive professional, well rooted in the community, can change the atmosphere around a family. Where there are good, well-prepared and present people, the community begins to feel different: safer, more attentive and more able to respond when support is needed.

For Parentis, 2025 was also a year of strengthening the team. We learned to look more carefully not only at what we do, but also at how we carry this work: at rhythm, clarity, boundaries and the way we stay together during demanding periods. An organisation that works with people's vulnerability needs, in turn, structure, trust and care.

Looking back, 2025 was about clarity. About the courage to re-center ourselves. About care for mothers, for children, for the team and for the way we build long-term impact. About choosing to do things with meaning, even when the path is slower.

Thank you for being part of this journey. For your trust, your patience, your support and for every way in which you chose to stay close to Parentis.

With gratitude and hope,

Ionela Luciu

President,
Asociația Parentis



Contents

p.2	Message from the President
p.4	Who We Are
p.5	Highlights of 2025
p.6	Our Work in 2025
p.8	Our Impact
p.9	Projects that Supported Our Mission
p.10	Events and Campaigns
p.12	Partnerships and Collaborations
p.14	Learning, Challenges and Adaptation
p.15	Looking Ahead
p.16	Financial Summary
p.18	Acknowledgements
p.19	Contact



Who We Are

Parentis is an organisation built around the belief that, when a family receives the right support at the right time, change becomes possible and sustainable.

We began as a local initiative in Iași, responding to the real needs of mothers at the beginning of their parenting journey. Today, we are a multidisciplinary team working directly with parents, children, adolescents and professionals, developing community-based mental health and psychosocial support interventions.

Our work focuses especially on the early years of life, mothers' well-being and support for vulnerable families. We believe that prevention starts early, and that support offered to a mother can have long-term effects on a child's development and on the balance of the entire family.

Our interventions combine psychological counselling, psychoeducation, parenting support and connection to community resources. We work both in our own space and directly in urban and rural communities, reducing barriers to access and bringing support as close as possible to those who need it.

Mission

Parentis' mission is to bring accessible psychosocial support closer to mothers, children and families, creating contexts in which care, mental health and mutual support become part of everyday life.

Our Values

- **Dignity:** The right to respect and support without judgement.
- **Accessibility:** Support adapted to families' needs.
- **Inclusion:** Safe spaces for mothers, children and families.
- **Professionalism:** Responsible, evidence-based interventions.
- **Accountability:** Responsible use of resources and ownership of impact.
- **Partnership:** Solutions developed together with the community.

For Parentis, support focuses on building trust, creating safe spaces, and implementing systemic interventions. It emphasizes presence, consistency, and grounding in the reality of those served.

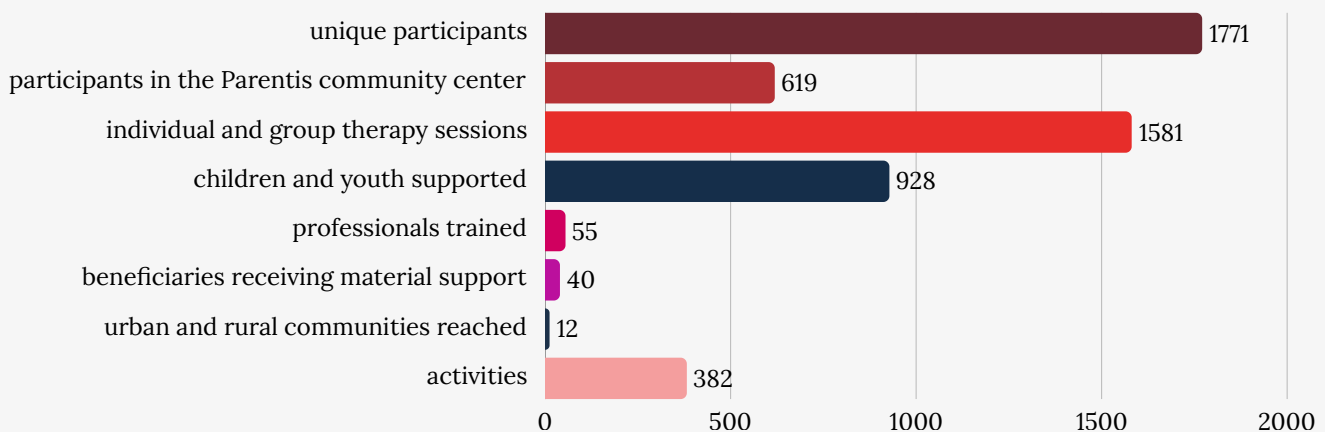
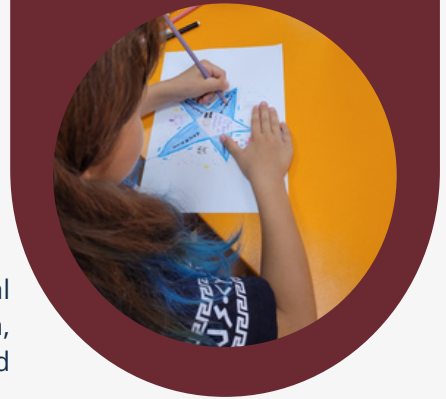


Highlights of 2025

2025 was a year of consolidation and re-centering around the essential directions of our mission.

We continued to develop accessible interventions, rooted in the real needs of families, with a clear focus on mothers' mental health, support for children and the strengthening of communities that need close and consistent resources.

- 1,771 unique beneficiaries were supported through our programmes.
- 619 unique participants took part in activities held in the Parentis space.
- 1,581 individual and group therapy sessions were provided.
- 928 children and young people aged 0 to 18 benefited from dedicated interventions.
- 55 specialists were trained to better support families and local communities.
- 40 beneficiaries received material support adapted to their needs, through kits and vouchers.
- 12 urban and rural communities were involved in Parentis' work.
- Approximately 382 activities were carried out in the centre, in the community and as part of training sessions for specialists.



We also:

- Prepared the expansion of support towards rural communities, through field assessments, dialogue with local authorities and specialists, and clarification of the real needs of families.
- Consolidated the Parentis space as a place of support, connection and safety for children, parents and the wider community.
- Strengthened the capacity of local specialists through training, practical tools and professional dialogue.
- Continued to develop integrated interventions that combine emotional support, education, prevention and material assistance.
- Invested in internal processes and in our team, so that the support we provide remains sustainable, coherent and firmly grounded in our mission.

Beyond the numbers, 2025 was a year of greater clarity, stronger continuity and a more attentive presence alongside the communities that need support. Each activity was an opportunity to build trust and to turn care into concrete support.



Our Work in 2025



1. Mental Health and Psychosocial Support

In 2025, we continued to provide psychological and psychosocial support for children, adolescents, parents and families going through difficult periods, maintaining our focus on accessibility, continuity and interventions adapted to people's real needs.

Through more than 1,500 individual and group therapy sessions, we worked alongside people facing anxiety, emotional exhaustion, trauma, relationship difficulties, the challenges of parenting and the impact of social vulnerability on mental health. For many participants, this was the first space where they could speak openly about what they were experiencing, without fear of judgement.

An important focus in 2025 was mothers' mental health and early intervention in the mother-child relationship. We created contexts in which mothers could receive emotional support, validated information and space for questions, in a way that was close, human and adapted to the reality of their everyday lives.

We continued to use assessment and feedback tools to monitor participants' progress and adapt interventions according to their needs. For children, we integrated expressive and visual methods that allowed them to communicate their emotions and experiences in a safe, age-appropriate way.

At the same time, we saw how important it is to build support spaces that go beyond the therapeutic intervention itself. Groups, activities and interactions between participants often became contexts for connection and mutual support, reducing the sense of isolation and increasing people's confidence that they do not have to go through difficulties alone.

2. Community and Belonging

We developed spaces and activities that bring people together and create genuine contexts for connection and mutual support. In the community center, in urban communities and through the first stages of work in rural communities, parents, children and adolescents found settings where they could share experiences, build relationships and feel part of a community.

Increasingly, we noticed that people returned not only for activities or information, but also for the relationships and sense of belonging they found here. In a context where many families face isolation and a lack of support networks, these community spaces became an important resource for emotional well-being and for building resilience.



Our Work in 2025

3. Strengthening the Capacity of Specialists

In 2025, we continued to invest in the training of specialists who work directly with children, parents and vulnerable people. Through training sessions and tools adapted to field realities, we supported professionals from the social, educational and medical sectors to respond more effectively to the emotional and psychosocial needs of the communities in which they work.

The topics covered included maternal mental health, early intervention and trauma-informed approaches. Beyond the information shared, these meetings became spaces for connection and support among professionals who often work in difficult contexts and with limited resources.

At the same time, we continued to invest in the development of the Parentis team and in the consolidation of internal processes, so that our interventions remain sustainable and well grounded in the real needs of the community.

4. Inclusion and Access to Support

In 2025, we continued to stand alongside families facing social vulnerability and emotional difficulties, providing psychosocial support and practical resources tailored to their needs. Through the mobilisation of our community and local partners, 40 families received needs-based support through vouchers, while 167 children from vulnerable backgrounds were included in the "Spiridus Parentis" gift programme. These initiatives helped ease pressure on families while fostering safety, care and a sense of belonging.

We also continued our psychoeducation and information activities on mental health, access to services and resources available in the community. Across all our interventions, we aimed to reduce barriers to access and to create spaces where people feel welcomed with respect, without stigma and without fear of asking for help.





Our Impact in 2025

We saw once again that change begins when people feel they are not alone. Parentis' impact was built through relationships of trust, safe spaces and support offered to children, parents and specialists. We were present in therapy rooms, in groups, in urban communities and in preparatory dialogues with rural communities, promoting connection and care for mental health.

The 1,581 therapy sessions, the 382 activities, the 619 unique participants in the community center and the 928 children and young people supported tell part of the story of the year. But behind the numbers are mothers who found the courage to ask for help, children who had a safe place to express themselves, adolescents who felt they belonged and families who received support exactly when they needed to be seen.

For many people, meeting Parentis was a first step towards trust. The trust to talk about mental health. To ask questions. To receive clear information. To look at their own story with more kindness. And for the specialists we trained, the meetings brought not only practical tools, but also the feeling that they are not alone when facing increasingly complex needs.

The impact was also visible in the way the community responded. With the support of donors, volunteers and local partners, 40 families received needs-based support through vouchers, while 167 children were included in the "Spiridus Parentis" gift programme. Beyond material support, these gestures carried a simple and powerful message: you are seen, you matter, you are not alone.

The feedback we received showed us what remains after an activity, a session or a meeting: more clarity, more courage, more calm. We heard from mothers that they felt listened to. From parents, that they left with greater confidence. From specialists, that they found in Parentis a present, serious and attentive partner, grounded in the reality of the field.

"My child felt very good during the activities and wants to take part in the others as well. She came with great joy and could hardly wait for the next day to see what activities would take place."

"Please remain the same wonderful team and organise as many activities as possible with our children, because my little girl is delighted and can hardly wait to participate. You are amazing and you address topics that help children so much in their development. Thank you."

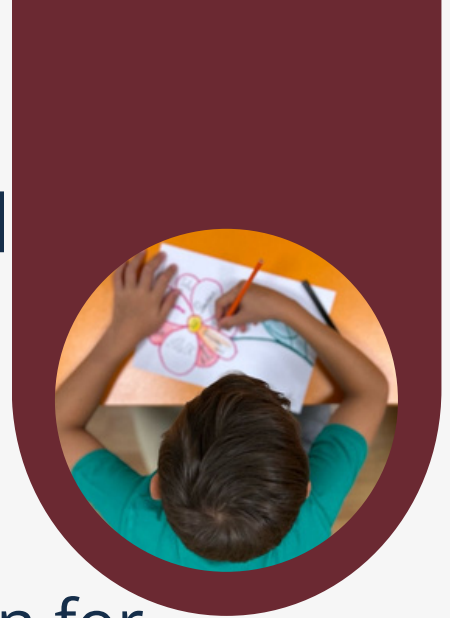
"I really liked the overall atmosphere. It was the first time since giving birth that I felt so comfortable outside the house. You created a safe space where no parent was judged because their child was running around, and breastfeeding in public has never felt easier than it did now."

"I appreciated the relaxed and welcoming atmosphere. Even though I came to the meeting alone and did not know anyone, everything felt very familiar and pleasant. I found the experiences shared by other women about breastfeeding, as well as those of the specialists, very useful."

For us, impact is not only about how many people we supported. It is about what changes, slowly and genuinely, when someone feels seen, understood and accompanied.

Projects that Supported Our Mission

In 2025, an important part of Parentis' work was supported through funded projects aligned with the same direction: accessible psychosocial support, community-based interventions and care for families who need safe, close and consistent resources.



MHPSS Approach to Inclusion for Displaced Population from Ukraine

Through the project MHPSS Approach to Inclusion for Displaced Population from Ukraine, funded by Kindernoithilfe / KNH, Parentis continued to provide psychosocial support to local communities and displaced people from Ukraine, promoting inclusion, social cohesion and access to mental health and emotional support resources.

Most beneficiaries were members of local communities in Romania, alongside refugee families and individuals from Ukraine. Through counselling, group activities, workshops, emotional support and connection to relevant resources, the project created contexts for encounter, collaboration and mutual understanding, contributing to stronger relationships between the host community and displaced people.

Caravana Pașilor Mici

With the support of the OMV Petrom Foundation, in 2025 we prepared the Caravana Pașilor Mici project, dedicated to mothers, pregnant women and families with young children from rural communities where access to specialised support is limited.

The year 2025 was the preparation stage: we clarified the methodology, developed the materials, discussed with local partners and set the framework needed for implementation in 2026. At the heart of the project are breastfeeding support, maternal mental health, psychoeducation and connecting mothers with relevant resources.

These projects supported two essential directions for Parentis: the capacity to respond to vulnerability in the present, and the capacity to prepare early interventions that can prevent future difficulties.



Events and Campaigns

In 2025, we were present in diverse spaces of encounter with parents, children and specialists: Social Moms, Mărțișor Comunitar, the annual Varus Equin meeting and dialogues with RRP Partners. In each context, we brought conversations about prevention, mental health, parenting and community support closer to people.



Close to Families and Community

We were present in diverse spaces of encounter with parents, children and specialists: Social Moms, Mărțișor Comunitar, the annual Varus Equin meeting and dialogues with RRP Partners. In each context, we brought conversations about prevention, mental health, parenting and community support closer to people.

World Breastfeeding Week – 14th Edition

World Breastfeeding Week remained an important milestone of the year and one of Parentis' longest-running initiatives. The campaign brought together mothers, breastfeeding consultants, medical staff and professionals who support family health.

We spoke about the real challenges of breastfeeding, about myths and evidence-based information, and about the importance of a support network in the first months after birth. For many participants, these meetings meant not only access to useful information, but also the feeling that they were not alone in their experiences and questions.



A Summer School for Emotional Growth

The Summer School was one of those contexts in which children and adolescents could learn differently: through play, conversation, practical exercises and activities adapted to their age. We talked about emotions, relationships, online safety and how children can better recognise, express and manage what they are experiencing.

For us, these meetings were important because they brought mental health closer to children in a natural, friendly and accessible language. In a relaxed setting, children could ask questions, share stories and discover that what they feel has space, has meaning and can be understood.

Spiriduș Parentis

At the end of the year, Spiriduș Parentis once again brought the community together around children from vulnerable backgrounds. Through the involvement of donors, volunteers and local partners, 167 children received gifts. But beyond the gifts, what we wanted to reach them was the message that they are seen, they matter, and their joy has a place here.

The campaign mobilised people in the community who chose to offer time, resources and care, turning children's wishes into gestures of generosity. For us, Spiriduș Parentis is not only a holiday initiative, but an opportunity to build bridges between people and cultivate solidarity. Each gift carried not only the joy of the moment, but also the feeling that there is a community that remembers its most vulnerable members.





Events and Campaigns

Learning, Visibility and Connection

In 2025, we took part in the ARC Conference, the Fundraising Conference, Meet Rubik Hub, Open Minds and SEISM 2025 Bucharest — spaces that supported Parentis' organisational development. These meetings brought us ideas, contacts and useful tools for fundraising, communication, sustainability, community-based interventions and collaboration in complex situations.



From each meeting, we returned with better-structured questions and concrete examples that we can adapt to our work. We looked more closely at how we communicate impact, build relationships with donors, support the team and develop services that can remain accessible in the long term.

For a local organisation working with vulnerability every day, these spaces matter. They help us avoid becoming isolated in our work. They help us learn from the experience of others, carry forward what we see in the community and return home with greater clarity about how we can build sustainably, without losing sight of the people with whom we do this work.

We also continued our regional dialogue through two working visits to Chişinău, in February and October, alongside colleagues and relevant partners from the Republic of Moldova. These meetings created space for exchange of experience, mutual learning and the exploration of potential directions for collaboration. They were valuable opportunities to look beyond borders while keeping the same shared concern at the centre: how we can build more effective support systems for families, and how we can integrate into our own practice the lessons and successful models developed by other organisations.

Looking back, the events and campaigns of 2025 reminded us of something important: community is also built through encounters. Through presence. Through conversations. Through people choosing to come closer to one another. For Parentis, each such meeting was an opportunity to make more visible the themes we believe in: mental health, dignity, mutual support and care that reaches people where they are.



Partnerships and Collaborations

We know that real support is never built in isolation. It grows through relationships, trust, and bridges between people, institutions and communities. In 2025, partnerships played an essential role in bringing care and support closer to mothers, children and families.



Maternal Health and Early Support



One of the most important partnerships of the year was with the **Spitalul Clinic de Obstetrică și Ginecologie „Cuza Vodă” Iași**. For us, this collaboration meant more than an institutional connection. It was a way to be closer to mothers precisely at a time when support matters enormously: pregnancy, birth and the first weeks of a child's life.

Together with professionals working in maternal health, we continued to build contexts in which accurate information, emotional support and care for maternal mental health could reach women and families more easily.

Public Institutions and County Services

Collaboration and dialogue with public institutions relevant to the protection, health and support of families remained an important part of our work in 2025. Among the partners we worked with were **Consiliul Județean Iași, Instituția Prefectului - Județul Iași, Direcția Generală de Asistență Socială și Protecția Copilului Iași și Direcția de Sănătate Publică Iași**.

These collaborations matter because the needs of families cannot be met by one organisation alone. Mental health, child protection, access to services and support for vulnerable communities require coordination, patience and shared responsibility.

Movement, Mental Health and Belonging

In 2025, we continued to look at adolescents' mental health in an integrated way, one that includes the body, relationships, movement and the sense of belonging. Through our partnership with Street Workout, we supported outdoor physical activities for young people, offering them safe contexts in which to move, cooperate and build confidence.

For adolescents, such activities are more than sport. They are opportunities for connection, emotional regulation and discovering their own resources, during a stage of life when belonging matters deeply.



Partnerships and Collaborations

Schools and Educational Partners

We continued to stay close to children and adolescents through partnerships with schools in Iași, including **Școala Gimnazială „Alec Russo”, Școala Gimnazială „Alexandru Vlahuță”, Școala Gimnazială „Ion Creangă”, Școala Gimnazială „George Coșbuc”, Colegiul Național „Mihai Eminescu” și Colegiul Național „Bogdan Petriceicu Hasdeu”.**

In these settings, we provided activities focused on emotional support, psychoeducation and personal development, adapted to the age and needs of children and young people. Schools are places where children spend a significant part of their lives, and when attentive, informed and open adults are present, prevention becomes more possible. For us, working with schools means bringing mental health support closer to children, before difficulties become too heavy to carry.



Local Communities and Family Support

In 2025, we built and strengthened relationships with local communities across Iași County, including through collaboration with the local authorities in **Lungani, Țibănești and Dagâța.**

These partnerships helped us better understand the realities faced by families in communities where access to support is often limited. We spoke with local specialists, listened to needs identified on the ground and prepared the necessary steps for interventions that are better adapted to each community.

Senior Mental Health and Social Connections

We continued our collaboration with the “Sf. Împărați Constantin și Elena” residential care home, where we held mental health workshops for older people. These meetings created spaces for conversation and connection for people facing loneliness and the changes that come with ageing.



A Network of Care Built Together

Looking back, our partnerships in 2025 reminded us once again that supporting families requires many hands and multiple perspectives. Hospitals, schools, local authorities, social services, public institutions, organisations and communities each have a role to play in ensuring that a family is seen, heard and supported.

For Parentis, partnership is more than occasional collaboration. It means trust built over time. It means staying connected even when the path is complicated. And it means keeping one question close to us: how can we ensure that support reaches those who need it faster, more easily and in a more human way?

Learning, Challenges and How We Adapted

2025 was a year in which we learned to look more carefully at our direction. Not only at how much we could do, but at which efforts keep us closest to our mission. It was a year of re-centering: on mothers' mental health, early support for children and families, community, and the way we can build interventions that remain valuable even after an activity has ended.



Refocusing on Our Mission

One of the important lessons of the year was that not every good idea needs to be pursued immediately. In 2025, we chose to focus our energy and resources where Parentis can bring the greatest value: accessible psychosocial support, maternal mental health, early interventions and community-based support. This clarity helped us strengthen our ongoing work and better prepare future interventions.

Working with Public Authorities

Working with public authorities required patience, clarity and perseverance, but it also brought more positive experiences of collaboration than we had anticipated. We met committed professionals and openness to dialogue, even though institutional processes have their own pace and involve several levels of analysis and approval.

An important lesson was that change becomes possible when there is trust, consistent communication and a genuine willingness to work together. Under these conditions, support can reach the families who need it in a more coherent and coordinated way.

Increasingly Complex Needs

In 2025, we met families who did not need just one type of support, but several things at the same time: someone to listen, information, counselling, guidance, material assistance, safety and the reassurance that they would not be judged. Vulnerability rarely comes alone. It is often intertwined with exhaustion, isolation, fear, lack of resources and the difficulty of asking for help.

This reality required us to adapt constantly: to pay closer attention to details, to be more flexible in our interventions and clearer about boundaries. It also helped us understand that quality support is not only about responding quickly, but about responding appropriately to people's real needs.

Team Resilience

For Parentis, 2025 was also a year of internal consolidation. We invested time in our team, our processes, clarifying roles and in the way we carry this work together. Because when you work every day with difficult stories, vulnerability and urgent needs, you need structure, not only availability.

We learned to pay more attention to our pace. To consider what we can sustain over the long term. To ask ourselves not only, "How can we help?" but also, "How do we stay well enough to keep helping?" Looking back, the challenges of 2025 made us more attentive, clearer and more grounded. They reminded us that our work is not built on perfection, but on presence, learning and the ability to remain close to people, even when the road becomes more difficult.



Looking Ahead

Looking towards 2026, our direction remains clear: to bring psychosocial support closer to mothers, children and families through interventions that are accessible, relevant and sustainable. The year 2025 helped us return to the heart of our mission; in 2026, we want to build further on this clarity.

Maternal Mental Health at the Heart of Our Work

We will continue to place mothers' mental health at the centre of Parentis' interventions. The support offered to a mother reaches further: into her relationship with her child, the well-being of the family and the way a community can become more attentive and safer.

We want this support to reach mothers as early as possible: during pregnancy, after birth and throughout the first years of a child's life, when questions are many, exhaustion can be overwhelming and the right support can change the way a family's story begins.

Support Closer to Communities

In 2026, we want to build on the groundwork laid in 2025 and reach families in communities where access to services remains limited. We are looking closely at rural communities, where support needs to be developed with respect for local realities and together with the people who know their communities best.

For Parentis, community-based work begins with listening: with validated information, appropriate resources and interventions adapted to the people we support and the contexts in which they live.

Communities of Support and Belonging

We will continue to create contexts in which parents, children and adolescents feel less alone. We believe that mental health is supported not only through services, but also through relationships: groups, gatherings, micro-communities and spaces where people can talk, ask questions and receive support without fear of judgement.

A Strong Team for Sustainable Support

We believe that care also begins from within. That is why we will continue to invest in our team, providing clarity, support and space for growth. A team that feels supported is, in turn, better able to support the families it accompanies.

Partnerships and Resources for the Future

In 2026, we will continue to nurture partnerships with public institutions, schools, hospitals, local authorities, organisations, businesses and community members. The change we want to create requires trust, coordination and resources brought together.

We look towards 2026 with the same conviction: care can change the course of a family's life when it reaches them at the right time, respectfully and without stigma.

Financial Summary 2025

resources that supported our mission

In 2025, Parentis' work was supported through grants, sponsorships, donations, tax facilities and other sources of income. These resources enabled us to continue providing services for children, parents and families and to respond to the needs of the community. Diversifying our funding sources supported both direct interventions and the infrastructure needed to deliver them: our team, coordination, reporting, workspaces and community activities.



Total Income 2025

EUR 321.113

LEI 1.637.195

94%

of our income came from
grants and funding

97.567 lei

TOTAL complementary funding
sources: donations, sponsorships
and other income

58.806 lei

contributed by the community
and the private sector

Grants and funding (KNH, FOMVP, ARC)	1539628 LEI							301.977 EURO
Corporate sponsorships	22524 LEI							4418 EURO
Individual donations	36282 LEI							7116 EURO
Other income Recoveries from public authorities/partners, income from economic activities and interest.	38761 LEI							7602 EURO

Note on acronyms: KNH – Kindernothilfe; FOMVP – OMV Petrom Foundation; ARC – Asociația pentru Relații Comunitare

A significant share of Parentis' resources is tied to projects with clearly defined purposes. This funding allows us to deliver consistent, well-planned interventions. At the same time, individual donations, flexible sponsorships and tax facilities remain essential for continuity, co-financing and rapid responses to emerging community needs.

For Parentis, every contribution matters: some support large-scale programmes, while others cover small, urgent and unpredictable needs — precisely the details that make the difference between a service that exists on paper and support that reaches people when they need it.



How We Used Our Resources

In 2025, Parentis’ expenditure supported both direct interventions for children, parents and families and the infrastructure needed to ensure that these services could be delivered safely, responsibly and consistently.

We invested in specialists, direct services, activity materials, accessible spaces, coordination, reporting, professional development and fundraising. This structure reflects the way Parentis builds sustainable community-based support: not through isolated actions, but through a system of intervention that combines professional expertise, accessibility and trust.

Functional Expenditure 2025

Expenditure Category	Amount in LEI	of which staff cost	
Direct services and interventions for beneficiaries	1.133.801,66	1.059.286,00	
Coordination, operations and compliance	617.708,60	482.603,00	
Training, supervision and quality assurance	16.716,20	0	
Fundraising and communication for sustainability	35.511,85	0	

The largest share of our expenditure went towards direct services and interventions for beneficiaries. A significant proportion of our resources also supported the team, coordination and compliance — the less visible but essential elements that ensure support remains safe, professional and consistent. For an organisation working in mental health and psychosocial support, investing in people is a direct investment in impact. Specialists, facilitators, coordinators and support staff are the people who transform financial resources into relationships of trust, quality interventions and meaningful support for families.

Independent Audit

Parentis Association’s financial statements for 2025 were audited by an independent auditor. The audit report confirms that the financial statements provide a true and fair view of the organisation’s financial position and results of operations, in all material respects, in accordance with the applicable financial reporting framework for non-profit legal entities.

The audit process also confirmed the responsible way in which Parentis manages its resources. Clear, consistent and carefully monitored financial records help us remain transparent towards donors, partners and the community — and allow us to continue building on trust.

Acknowledgements

Looking back on the past months, our thoughts return to the people who gave meaning to our work: those who crossed our threshold carrying emotion, questions, exhaustion or hope; the children who filled our space with laughter, drawings and play; the mothers who said, sometimes for the first time, “I need support”; and the parents who chose to learn, ask questions and remain engaged.

A child’s journey is shaped by the people who walk alongside them, and in 2025 we had the privilege of becoming part of many such stories. Thank you for trusting us to accompany you through one stage of that journey and for the openness with which you welcomed us into your lives. You showed us once again that the right support, offered at the right time and with care, can change how a family finds the strength and resources to move forward.

We thank our partners in health, education, public administration, social services and civil society for choosing to build alongside us. In 2025, we saw how much it matters to have people who look beyond procedures and remain attentive to the real needs behind them, asking with commitment and openness: “How can we make things better?”

We thank our donors, sponsors and funders for trusting in the value of investing in care. Every contribution meant more than an amount in a budget: it meant a support session, a specialist who could be present, a safe space, a gift for a child or an open door for a family that needed to know it was not alone.

We thank our volunteers and the members of the Parentis community for their generosity in action: for the time they gave, the gifts they wrapped, the messages they shared, the recommendations they made and all the gestures they transformed into meaningful support. This is exactly how community is built: through people who choose to stay close, one act of care at a time.

We thank the Parentis team for their professionalism, patience and heart. The year 2025 was one of re-centering, and re-centering takes courage: the courage to look objectively at what we do, what we can sustain, what needs to be preserved and what needs to change. You carried this work with responsibility, clarity and deep care for people.

Looking back, we know that none of this is built alone. Every activity, every partnership, every meeting and every step forward was possible because different people chose to remain close.

Together, we continue to build a community where care is not a rare gesture, but an everyday resource; a community where dignity, mental health and mutual support have a place; a community where families can grow with greater safety, courage and hope.

With gratitude,
The Parentis Team



Thank You

Contact

 [+40 772 176 392](tel:+40772176392)

 <https://parentis.ro/>

 România, Iași, Strada Vitejilor 12-14