



COMMUNITY-BASED MENTAL HEALTH & FAMILY SUPPORT

Iași, Romania • Working since 2015 • Active across urban and rural communities

INTERNATIONAL COOPERATION Partnership Profile

LOCAL KNOWLEDGE
ACCESSIBLE SUPPORT
PARTNERSHIP READY



Care, mental health and mutual support—closer to everyday life.

Parentis is a community-based Romanian NGO working to make mental health and psychosocial support more accessible to children, adolescents, parents and families. Through psychological counselling, community activities and professional capacity building, we combine direct support with participation, inclusion and stronger local support systems.

WHAT WE DO

Mental health & psychosocial support

Individual and group counselling, psychoeducation, peer connection and safe spaces.

Children, parents & early years

Support for parenting, maternal mental health, child development and family resilience.

Community & inclusion

Community-centre activities, rural outreach and support for displaced Ukrainians and host communities.

Stronger professional practice

Training, supervision and cooperation with schools, health, social services and public institutions.

2025 AT A GLANCE

1,771
people reached

1,581
therapy sessions

928
children & youth

382
activities

12
communities

55
specialists trained

WHAT WE CAN BUILD TOGETHER

Practical international cooperation rooted in community needs and evidence-informed practice

Parentis

Cooperation interests

01 COMMUNITY MENTAL HEALTH & FAMILY SUPPORT

Accessible models of psychological, peer and emotional support; early identification and referral; parental and maternal mental health; rural outreach; and stronger professional practice.

02 GENDER EQUALITY & VIOLENCE PREVENTION

Trauma-informed support, prevention, professional training, stronger referral pathways, father-inclusive family services and evidence-based advocacy concerning domestic, sexual and gender-based violence.

03 CHILDREN, YOUTH & COMMUNITY PARTICIPATION

Meaningful participation of children, young people and parents; inclusive education, safeguarding, community consultation and local evidence that can inform services, public dialogue and policy.

Relevant experience

Community MHPSS Multi-year psychological and psychosocial support for displaced Ukrainians and Romanian host communities, combining counselling, group work, inclusion and social cohesion.

Rural early-years outreach Maternal mental health, breastfeeding support, psychoeducation and links to services for pregnant women, mothers and young children in underserved communities.

Local partnerships Active cooperation with maternity care, schools, local authorities, public health and social services—turning local relationships into accessible support pathways.

What Parentis brings

- Trusted community presence and an accessible centre in Iași
- Integrated delivery across psychology, facilitation, training and outreach
- Experience with children, parents, vulnerable families and displaced communities
- Institutional partnerships across health, education and social services
- Independent audited financial statements and responsible project management

LOCAL KNOWLEDGE & IMPLEMENTATION CAPACITY

2025 income: €321,113

94% from grants and funding

Independent financial audit

We seek partnerships built on mutual learning and complementary strengths, bringing together partners' expertise and perspectives with Parentis' local knowledge, community relationships and implementation capacity.



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